

Name: Colton Merrill, ATC, CPT		Grading Quarter: 4	Week 5 Beginning: April 14 <sup>th</sup> , 2025
School Year: 2024-2025		Subject: Sports Med 3- NASM Personal Training	
Monday	Notes:	Objective:  Lesson Overview: Study and practice for Certification exam	Academic Standards: All Standards
Tuesday	Notes:	Objective:  Lesson Overview:  Study and practice for Certification exam	Academic Standards: All Standards
Wednesday	Notes:	Objective:  Lesson Overview:  Study and practice for Certification exam	Academic Standards: All Standards
Thursday	Notes:	Objective:  Lesson Overview:  Study and practice for Certification exam	Academic Standards: All Standards
Friday	Notes:	Objective:  Lesson Overview:  Study and practice for Certification exam	Academic Standards: All Standards